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# FREEDOM JIU JITSU

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631-865-3001

## 2018 SCHEDULE

1870 ROUTE 112

MEDFORD NY 11763

(INSIDE TITAN CROSSFIT)

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INSTAGRAM: [@FREEDOMJIU](https://www.instagram.com/FREEDOMJIU)

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

6:30PM

*Gi*

6:30PM

*No Gi*

11AM

*No Gi*

6:30PM

*No Gi*

11AM

*Gi*

Open Mat / TBD

9AM

*No Gi*

6:30PM

*Gi*