

Freedom Jiu-Jitsu 2020 Schedule



Freedom Jiu Jitsu
1870 Route 112
Medford NY 11763
(Inside Titan Crossfit)

email:
info@freedom-jiujitsu.com

Phone: 631-865-3001

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11AM Gi 6:30PM Gi	11AM No Gi 6:30PM No Gi 7:45PM Fundamentals	11AM No Gi 6:30PM Gi	11AM No Gi 6:30PM No Gi 7:45PM Fundamentals	11AM Gi	10AM Gi 11AM Wrestling 12PM Open Mat	9AM No Gi