

Freedom Jiu-Jitsu 2021 Schedule



Freedom Jiu Jitsu
1870 Route 112
Medford NY 11763
(Inside Titan Crossfit)

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Phone: 631-294-9650

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11AM Gi	7AM No Gi	11AM No Gi	11AM No Gi	7AM No Gi	9AM Wrestling	8AM Open Mat
6:30PM Gi	8AM Gi	6:30PM Gi	6:30PM No Gi	8AM Gi	10AM Gi	
	6:30PM No Gi			11AM Gi		
	7:45PM Fundamentals			5PM Open Mat		