

Freedom Jiu-Jitsu 2022 Schedule



Freedom Jiu Jitsu
1870 Route 112
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(Inside Titan Crossfit)

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Phone: 631-294-9650

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11AM Gi	7AM No Gi	5AM No Gi	11AM No Gi	7AM Gi	9AM Wrestling	8AM Open Mat
5:30PM Kids	11AM No Gi	11AM No Gi	5:30PM Kickboxing	11AM Gi	10AM Gi	
6:30PM Gi	5:30PM Kickboxing	5:30PM Kids	6:30PM No Gi	5:30PM Kids		
	6:30PM No Gi	6:30PM Gi		6:30PM Open Mat		